

TALBOT COUNTY
RETIRED



SCHOOL PERSONNEL
ASSOCIATION

The Little Red Schoolhouse

President's Message:

Anticipation

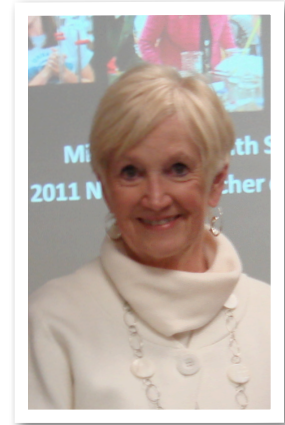
I hope you have many things in your life that you may be looking forward to. It seems to me that is what keeps life joyful and just plain wonderful. Vacations, visits with a good friend, fishing, crabbing, dinner out, feeling well after not feeling well, family visits, grandchildren coming – grandchildren leaving. You get the idea. I remember lots of anticipation when the school year started up again. Meetings – meetings- meetings and the big event- Opening Day. Now, I am anticipating another year as your president. I really enjoyed this year. Do you know that I actually ran into my very first principal - (1965) Baltimore County, Arbutus Elementary School? She was definitely “old school” and truly made my first year of teaching, well shall I say, a challenge !! I have many stories of that first year. Anyway, there she was, at a meeting I attended in Balt. I was not anticipating ever seeing her again! She remembered me and we shared a few laughs .

I hope to see many of you at our luncheons. Please feel perfectly welcome to join us at Executive Board meetings as well.

Membership has increased and I expect we will reach 138 .

Within this first newsletter you will find a list of luncheon dates and executive board dates. Soooo, you guessed it - some special events to anticipate this school year.

The weather should be a bit cooler when you receive this newsletter. What a hot summer we have had. I hope the fall season will encourage you to be out and about and enjoying a retiree's life style. In other words (doing what you want – when you want – and with whom you want.) Stay well.



Dotty Olds, President

The Trip to Poplar Island Is a Hit !!!! June 20, 2012



**Luncheons for
2012 - 2013**

Monday, October 22
Chesapeake College

Monday, December 3
River House at Easton
Club

Monday, March 11
Chef Cooking Class @
EHS

Thursday, June 6
Chesapeake Landing

TCRSPA Fall Luncheon

Date: Monday, October 22, 2012

Place: Chesapeake College (Higher Learning Building)

Time: 11:30 a.m. Check In and Welcome by Dotty Olds
11:45 a.m. Program: Presentation by Dr. Farley
12:15 a.m. Buffet Luncheon
1:15 a.m. A few words from our guests, Debbie Urry of Chesapeake College and Judith Zahren & Stuart Tucker from MRSPA

Menu: Buffet Luncheon, NO selection needed, all will be offered.

- Maryland Vegetable Crab Soup
- Salad Greens with Dressings
- Assorted Sandwiches
- Assorted Pies for Dessert
- Coffee, Tea, and Water

Cost: \$12.00

For our **Fall Luncheon**, call or mail reservations/check by October 15 to:

Mary Reeser
358 St. Aubins Terrace
Easton, MD 21601

Chic Harrison
29300 Will Street
Easton, MD 21601

Tel: 410 822 4410

Tel: 410 822 1209

Cost: \$12.00

Associate Professor Dr. Greg Farley, Director of the Center for Leadership in Environmental Education, will speak to us about Chesapeake College’s plans to construct a stand alone facility that will utilize state-of-the-art wind, solar, and geothermal power-generating technologies. The facilities will be used to recruit, train and educate students for work in the emerging field of wind and solar power generation.

Door Prizes will be given out at the luncheon. Remember if you won a door prize at the June Luncheon, please refill the bag with a small present and bring it to this luncheon. There will also be a 50-50 Raffle.

Telephone Tree: Please make your calls to remind members to make their reservations by October 15, 2012.

Let us know if you need a ride! Car Poolers will meet at the Easton Fire House at 10:45 a.m.

Directions: Enter Chesapeake College by the main entrance off of Rt. 213. At the stop sign turn right and follow the large circle which goes around the campus. The Eastern Shore Higher Learning Center is the first building on your right and sits outside the circle, facing Rt. 50. Feel free to park in Lot D or wherever you see a parking space. There is handicapped parking in front of the building in the little circle. The main doors to the Center are near the handicapped parking. Come into the lobby and turn left. The main doors to HEC 110 are just off of the lobby by the seating area near the large windows.

“After Retirement”

Ruth Seese

By Chic Harrison

Ruth grew up in a small town in Sandy Hook, Kentucky, and graduated from high school when she was 16 years old. She attended a Business School in Ashland for one year and was fascinated with shorthand and typing which had not been offered in her small high school. Being able to type 70 words per minute and take 125 words at dictation, she was offered three jobs.

Her father thought she was too young to work and asked her if she would like to go to college. “YES!” was her answer. Ruth went to Eastern Kentucky State Teachers College (now Eastern Kentucky University) in Richmond, Kentucky, and graduated with a bachelor’s degree in Business with a minor in Math.

Shortly after college, Ruth was married and moved to Washington, D.C., where her husband worked. After working as a secretary for three years at the National Bureau of Standards in the Commerce Department, they moved to Baltimore where her husband attended the University of Maryland Dental School for four years. Ruth worked as a secretary for Social Security.

Easton, Maryland was their next and final move where her husband opened his Dental Practice and Ruth worked as his dental assistant for two years. At this point their first daughter, Kathy, arrived and two years later their second daughter, Barbara, joined the family.

Ruth was enjoying being a mother when at a party the Superintendent of Schools said, “I hear you are a teacher and I’m wondering if you would teach for us?” Ruth told him that she couldn’t because she had two small children and the youngest was due to start school that September. A short time later the Superintendent called and asked if she would be a substitute teacher! She thought that sounded like “fun” and she could always say “no” if it didn’t suit her schedule. Even though her degrees were to teach high school, she was called to substitute for grades 1 – 12. Ruth learned so much about teaching and loved it!

In 1977 her youngest daughter was leaving for college, and, three days before school started, Principal Dorothy Leonard called Ruth to see if she would teach General Math at Easton High School. She ended up teaching one general math course and five algebra courses! Teaching algebra was her favorite subject.

Ruth loved teaching and loved her students. She felt like they were somehow partly hers. After teaching for eleven years, she left the classroom because of her husband’s illness. She missed teaching and she felt it was a “sad time” for her. She believes that teaching is a great vocation!

During these years, Ruth volunteered for the Hospital Auxiliary, was busy with her church, and involved with her daughters. Ruth retired in 1989 and became a member of our Association, serving on the Executive Board for many years. Since retiring, Ruth has stayed busy with her daughters. Barbie lives in Cambridge and is the Director of the Oxford Community Center. Kathy is busy with real estate in Port Townsend, Washington. Ruth has a very dedicated grandson, Dylan, who is an EMT. She is still very active in her church work and is a dedicated member of the Talbot County School Retired Personnel Association.

Thank you Ruth for all you’ve done! Enjoy your retirement!

Character Counts Needs Volunteers

by Dotty Olds

Character counts is looking for volunteers. High School, Middle School, Elementary levels are all in need of coaches. What is this ?? This means that as a coach you would attend a short training session, and give 15 minutes of your time each week - 15 minutes in a classroom where you would present a lesson on a CHARACTER PILLAR. I have just begun and am still a bit new, but I am thinking that I am going to love doing this. 15 minutes, really!! Last week I introduced myself to the children, read a story and talked with them about ways that they can show they are learning to be responsible (at home, at school). That was it. Next time (15 minutes again) I will read a story and once again talk a bit about CHARACTER and how important it is to have good CHARACTER in everything you do. Please think about this. In our world today, children need to be reminded of ways that they can conduct their lives kindly as well as responsibly. We are the experts - this is what we did each day in the classroom. You will enjoy this as much as I do!! To volunteer or for more information, call Susan Luby at 410-819-0386.

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Note from Jan McCrea

All newsletters are being sent out through the regular mail this time. So that we can send as many as possible via email in the future (less costly to us), **please send your current email address to me at:**

jmccrea7678@gmail.com

Flu Shot Information

Please get your flu shot! They will be available in October, but no dates have been arranged for retirees at this time. You can call the Talbot County Health Department, your family physician or Chic Harrison (410-822- 1209) for information.

Thanks, Chic

Executive Board Meeting Dates

Sept. 10, 2012

Nov. 5, 2012

Feb. 4, 2013

May 6, 2013

TCEC @ 9:30 a.m.

All TCRSPA members are invited to attend.

Consumer Education
Submitted by Joyce Schriver

The following information is provided by the MSRPA Consumer Education Committee:

- 1. If you have suffered a heart attack or stroke, consult your doctor before flying.** The pressurized cabin may have an affect not only on you but also some people that are healthy.
- 2. Beware of fraudulent companies** that call posing as government and law enforcement officials and threaten you with arrest or lawsuit if you don't pay a fee. Hang up and do not give them any information.
- 3. To keep you groceries fresh longer,** refrigerate or freeze whole wheat bread in its own bag if you are not going to use it in a few days. Don't wash berries until you are ready to use them, and keep them in the fridge after removing damaged berries. To keep herbs fresh, slice the stems and stand them in a container of cool water. Place a plastic bag loosely over them to help them last about ten days.
- 4. Drinking one or more cups of regular or decaffeinated coffee a day** was associated with a reduction in strokes by 22% - 26%, as reported by Susanna Larsson, PhD. The antioxidants reduce inflammation and improve insulin activity which lowers blood pressure and reduces stroke risk.
- 5. Password best practices:** choose one that is long and contains letters, symbols, and numbers; change your passwords on a regular basis; do not use the same password for a number of logins; the greater the variety of characters, the better; use the entire keyboard, not just the ones you use or see most often; no dictionary words or proper nouns; avoid passwords that contain personal information i.e. social security number, birthday, age, name, etc.
- 6. Useful web sites:** www.fda.gov/Safety/MedWatch/ Up-to-date information from the FDA on cosmetics, dietary supplements, drugs, vaccines, etc.; <http://www.weather.com/weather/hurricanecentral> Information to help you plan for bad weather.

Sunshine Committee
submitted by Jan Middleton

Greetings,

I hope everyone survived the extreme heat, and floods; unusual weather we're having. Since our last newsletter the following people have been sent cards for "a ray of sunshine."

In April a sympathy card was sent to Peggy Mundt for the death of her grandson.

In May a thinking of you card was sent to Doris Valiant.

A get well card was sent to Earleen Freeman Thomas who had surgery.

A thinking of you card was sent to Tanya Lawrence.

A congratulation card was sent to Pat Mavity as her granddaughter was chosen Teacher of the Year.

In July a sympathy card was sent to the family of Earleen Freeman Thomas.

A congratulation card was sent to Dr. Karen Salmon.

A get well card was sent to Jennifer Wheeler.

In August a get well card was sent to Mary Hawkins.

If you know anyone who needs "a ray of sunshine," please call Jan at 410-822-7280.

Advice from a Butterfly

Let your true colors show.
Get out of your cocoon.
Take yourself lightly.
Look for the sweetness in life.
Take time to smell the flowers.
Catch a breeze.

We can't all be monarchs!

MRSPA ANNOUNCES A NEW MEMBER BENEFIT - ABENITY

WHAT IS ABENITY? an online discount program offering over 100,000 discounts from hundreds of local and national vendors.

Members can explore categories including restaurants, movie theaters, motels, national attractions and theme parks, in addition to shopping discounts in your local area.

TO ACCESS ABENITY: MRSPA members go to www.mrspa.org and follow the directions under the "member access" section to login.

You may then click on **ABENITY** in the Members Only section of the website.

If you move or change your telephone number, please notify the Membership Committee of TCRSPA so your newsletters will go to the correct address (they cannot be forwarded).

Contact :

Dotty Olds, Membership Chair
7415 Tour Drive
Easton, MD 21601

Community Service Committee

Many thanks to all who donated supplies for the Summer School Program. The supplies were delivered and were greatly appreciated. At our October luncheon, we will be collecting canned and bagged dog and cat food for Talbot County's Humane Society. Call us if you have questions.

Thanks,

Bennie Milton and Elois Brown

Bennie Milton - 410 -476 -3734 Elois Brown - 410 - 476 - 3574



TCRSPA
% Dotty Olds
7415 Tour Drive
Easton, MD 21601