

TALBOT COUNTY  
RETIRED



SCHOOL PERSONNEL  
ASSOCIATION

The Little Red Schoolhouse

## President's Message:

Dear Members,

Happy New Year to you! Time certainly moves quickly. 2013 - here we come!!

As we begin this new year, I want you to know that your organization is busy working for you.

We have planned an event especially for folks in Talbot County that may be considering retiring this year. Actually, we have folks that come for a few years before they make a final decision. Linda Brown's Chef Cook Class will host this event. We will probably have close to 30 people coming. We hope to make this very informative and be able to answer as many questions as possible.

Another beautiful luncheon is planned for you in March. This is a time for you to spend with old friends. You should come and enjoy.

Your membership in TCRSPA is keeping this organization working. Pensions and health care are so important to all of us. There are knowledgeable people at the state level that can give you the answers that you need. (Truly a phone call away or check the website.)

ABENITY is a new website is available to you for wonderful discounts.

You should know that our organization has many facets.

1. Summer scholarship for a middle school 6th grader. (Donations from our members keep this going.)

2. Community Service - giving to different organizations (Humane Society, Homeless Shelter, Neighborhood Center, Senior Center, and school supplies for children in our schools.)
3. Book Donation each spring to a school library. Last year White Marsh Elementary received this award.
4. Newsletters are sent each quarter to keep you in the know.
5. Directory that is available every 2 years. (These are ready to be mailed.)
6. You have an executive board that works for you and addresses each of the above projects.



So as you can see – Many good causes and information are available to our members.

I am proud of what Talbot County TCRSPA accomplishes each year. Try to come out to our luncheons. Talk with former employees that you may know that have not joined our group. Stay healthy and happy!

Happy New Year !!

Dotty Olds, President



Doris Roach, Barbara Lewis, Pattie Bridges, and Pat Clark enjoy our Christmas Luncheon at the River House at Easton Club.

**Luncheons for  
2012 - 2013**

**Monday, March 11**  
Chef Cooking Class @  
EHS

**Thursday, June 6**  
Chesapeake Landing

**Executive Board  
Meeting Dates**

**Feb. 4, 2013**

**May 6, 2013**

**TCEC @ 9:30 a.m.**

**All TCRSPA members  
are invited to attend.**

## Life After Retirement: Cynthia V. C. Ramsey

submitted by Chic Harrison

“I was born in Warren, PA, left there at age 6, and grew up in Colorado Springs and Wichita, KA. At age 9 or 10, I decided that I wanted to be a teacher when I grew up.

At age 14, I became fascinated with the idea of learning Spanish after talking to an older cousin, who was a Presbyterian missionary in Mexico and spoke the language. My high school didn't offer Spanish, but in college in 1940, I started studying it and made it my major with hopes of teaching it someday. When I graduated in 1944, WW II was still raging and I wanted to help. I joined the Army Air Corps, becoming a WAC. After basic training in Georgia, I was posted to New Castle Army Air Base near Wilmington, DE. I was given the choice job on the base, “clerk-typist” in the Flight Dispatch Office, because I had taught myself to type at age 12. My boss, Capt. Dickens, had married a Wilmington girl, and through that connection I met my future husband, Joe Ramsey. Joe and I had three sons and lived for 10 years in Lakewood, NY. We moved to Chestertown in 1960 to be nearer to Joe's parents in Wilmington.

In 1962, I started studying for a Master's in Education at the University of DE. I finished the degree in 1968, the same month that Joe and I were divorced, leaving me free to start teaching. My first job was teaching English at Wilmington High School, where I experienced a “race riot” in September of 1969. More unpleasant things happened during the year and I wanted to leave. I really wanted to teach Spanish, but had forgotten much of what I had learned in college, so I took a three credit course in Intermediate Spanish and became accredited by the State of Delaware.

In the spring of 1970, I was thrilled to hear that EHS was offering a beginning level course in Spanish, because I loved Easton! I phoned Bill Best and he told me that they needed someone also accredited in English. I almost shouted with joy, because I knew my accreditations were transferable from DE to MD. What luck!! In June I found an apartment in Easton, and then went to Mexico to practice the language. In the fall, I was delighted to become a Talbot County teacher of Spanish, the goal of my life! Each summer I studied in Mexico or Middlebury College, earning a Master's in Spanish in 1978.

I retired in 1990 at age 68, and have been having fun ever since ~ very busy doing photography, playing tennis and ping pong, visiting family and friends, traveling, and making new friends.”

**What a wonderful life, and thanks to one of our veterans!!**

Chic Harrison

## TCRSPA Spring Luncheon

March 11, 2013

**Place:** Easton High School Chef Cook Classroom

**Time:** 11:15 a.m. Because of student schedules, lunch will be served at 11:30 a.m.

Please enter through the door near the cafeteria. Dotty Olds will be there to let you in and provide you with a security ID Badge.

**Cost:** \$10.00.

### Menu:

#### Soup Choose One

- Corn Chowder
- MD Veg. Crab

#### Salad Choose One

- Mixed Greens
- Fresh Fruit

#### Entrée Choose One

- Open Face Hot Roast Beef Sandwich with mashed potatoes and gravy
- Sliced Turkey Croissant with a side

#### Dessert Choose One

- Black Forrest Cake
- Bread Pudding

#### Tea or Coffee

**Remember:** If you won a door prize last time, refill the bag and bring it to the luncheon!  
There will also be a 50/50.

**Telephone Tree:** Please call your members and remind them to make their reservations by February 28<sup>th</sup> for the Luncheon that is to be held on March 11, 2013, at the Easton High School Chef Cook Classroom. Please also remind them that the meal will be served at 11:30 a.m., so please be there by 11:15 a.m.

Please call or mail reservations by Feb. 28, 2013

to:

Mary E. Reeser # 410 822 4410

St. Aubins Terrace

Easton, MD 21601

Chic Harrison # 410 822 1209

29300 Will Street

Easton, MD 21601





Dorothy Palmer, Bertha Wilson and Pat Clark at the legislative session in Annapolis

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## Pre Retirement Workshop

The TCRSPA is again sponsoring and hosting their annual Pre Retirement Workshop on February 20, 2013 at 4:00 p.m. This workshop is designed for any Talbot County Employee who is considering retirement in the next three years. As retirees, we remember just how confusing this process can be. We want to help the Talbot County Public School Employees by providing an informative workshop in a relaxing setting.

Our workshop will be held at Easton High School in the Chef Cook Classroom. As our attendees arrive they will be greeted by the Pre Retirement Committee as well as President Dotty Olds. Thanks to our association, the employees attending the workshop will then be treated to soup, sandwiches and dessert, all freshly prepared by the chef cook class.

Cassandra Thomas, a counselor from the Maryland Retirement System, will make the main presentation with a question and answer follow up. Other information will be given on health insurance, financial planning, and social security. Mrs. Dotty Olds, President of TCRSPA will welcome the prospective retirees, and Mrs. Dorothy Palmer will extend greetings from our Maryland State Association. Ms. Eunice Roberts will be representing the Talbot County Board of Education and will answer any questions about health insurance and the county retirement process.

Many thanks to our Pre Retirement Committee, Judy Kohn, Mary Hawkins and Mary Reeser for their hard work in organizing this successful workshop.

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## Children Are Quick

TEACHER: Why are you late?

STUDENT: Class started before I got here.

TEACHER: John, why are you doing your math multiplication on the floor?

JOHN: You told me to do it without using tables.

TEACHER: Glenn, how do you spell 'crocodile?'

GLENN: K-R-O-K-O-D-I-A-L'

TEACHER: No, that's wrong.

GLENN: Maybe it is wrong, but you asked me how I spell it.

TEACHER: Donald, what is the chemical formula for water?

DONALD: H I J K L M N O.

TEACHER: What are you talking about?

DONALD: Yesterday you said it's H to O.

TEACHER: Harold, what do you call a person who keeps on talking when people are no longer interested?

HAROLD: A teacher

TEACHER: Glen, why do you always get so dirty?

GLENN: Well, I'm a lot closer to the ground than you are.

TEACHER: Millie, give me a sentence starting with ' I. '

MILLIE: I is..

TEACHER: No, Millie.... Always say, 'I am.'

MILLIE: All right... 'I am the ninth letter of the alphabet.'

TEACHER: George Washington not only chopped down his father's cherry tree, but also admitted it. Now, Louie, do you know why his father didn't punish him?

LOUIS: Because George still had the axe in his hand...

TEACHER: Now, Simon , tell me frankly, do you say prayers before eating?

SIMON: No sir, I don't have to, my Mom is a good cook.

TEACHER: Clyde , your composition on 'My Dog' is exactly the same as your brother's.. Did you copy his?

CLYDE : No, sir. It's the same dog.

## Consumer Education

Submitted by Joyce Schriver

The following information was included in the December – January issue of the “AARP” magazine. Please see the magazine for more inclusive information or see your doctor.

Eight Symptoms You Shouldn't Ignore:

1. **Sudden intense headache** like you've never experienced before, especially if it peaks in seconds to minutes in any part of your head.
2. **Chest pain** which includes chest discomfort, heaviness or pressure like an elephant sitting on your chest.
3. **Unexplained weight loss** such as losing more than 5% of your body weight over a period of six months.
4. **Unusual bleeding** in places that where you see blood where it shouldn't be.
5. **High or persistent fever** of 103 degrees or higher.
6. **Shortness of breath**, especially is it's accompanied by chest pain and coughing up blood.
7. **Sudden confusion**, personality changes, aggression, or an inability to concentrate warrant a visit to the doctor right away.
8. **Swelling in the legs** or accumulation of fluid in the extremities.

**The New American Diet** for seniors is recommended by AARP and National Institutes of Health. Please see the December – January issue of “AARP” for details.

1. **Have breakfast** every day which is nutrient-dense and includes whole grains and fruit.
2. **Drink more water** and less diet sodas, juices, and alcoholic beverages.
3. **Eat more fish** and less processed and red meat.
4. **Embrace whole grains** such as whole wheat bread, pasta and rice.
5. **Fill up on fruits and vegetables.**
6. **Include low-fat dairy foods** up to three servings a day.
7. **Be wary of diet foods** which may have excess sugar.
8. **Snack** often on nuts baby carrots, hummus, or a piece of fruit.
9. **Chew gum** which releases hormones that signal your brain that you're full.

## Community Service Committee

Many thanks to all members who gave donations for the Neighborhood Service Center. The items were delivered and greatly appreciated.

At our next luncheon we will be collecting items for CarePacks. The CarePacks mission is to prevent weekend hunger among Easton's most economically vulnerable students. The aim is to provide 2 breakfasts, 2 lunches, 2 snacks, and two fruit items in every bag. The items are non-perishable and require little or no preparation.

CarePacks recommend the following types of items: oatmeal packets, filled crackers, applesauce cups, cereal or granola bars, toaster pastries, fruit cups, small packages of pretzels, peanuts, or trail mix, single serving cereals, and canned pasta, soup, or tuna.

Checks should be made out to CarePacks Talbot County Fund. Gifts are deductible. Call with any questions.

Thanks,  
Bennie Milton and Elois Brown  
Bennie : 410-476-3734    Elois : 410-476-3574

## Membership Report

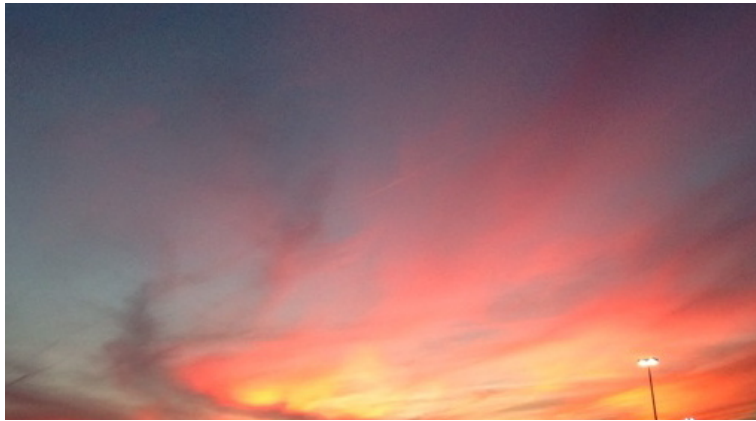
As of January 3, 2013, we have 18 local members and 121 state members - a total of 139 for TCRPA. Please keep us informed of changes in addresses, phone numbers, and email addresses.

Emeritus members ( birthdate 1923 or earlier ) include Jane Barton, Lib Dobson, Aggie Orban, Mary Jarrell, Cynthia Ramsey, Patricia Mavity, and Helen Dettbarn. These folks will not need to pay dues for membership in the state organization. Please let us know if we have forgotten anyone.

We were happy to see some of our new members join us at the Holiday Luncheon - Susan Divilio, Gay LeCompt, Linda DePrima, and Wendy Bishop, and Mindy Howell. We hope to see these ladies in March as well. If I forgot to mention your name please forgive me. Just know how pleased we are to have you as members!

**Dotty Olds**  
**Membership Chairman**





## Sunshine Committee

submitted by Jan Middleton

As Ole Man Winter has made an appearance, I hope everyone is staying warm and healthy.

Since our last newsletter, Thanksgiving cards were sent to Lib Dobson, Roscoe Fields, Barb Nichols, Connie Rathell, Agnes Orban and Bev Brash. Also a get well card was sent to Marian Miller.

In December a get well card was sent to Chic Harrison, and a sympathy card was sent to Shari Powers. Christmas cards were sent to Lib Dobson, Roscoe Fields, Barb Nichols, Connie Rathell, Agnes Orban and Bev Brash.

Chic and Mary made visits to Barb Nichols and Connie Rathell, giving them plants, also and took cookies to Marian Miller. Chic took fruit to Agnes Orban over Christmas and Roscoe Fields was sent a Christmas ornament from Mary.

In January a sympathy card was sent to Cargill Lawrence.

If you know of anyone who needs "a ray of sunshine" call Jan Middleton at 410-822-7280.

"Don't cry  
because it's over  
Smile because it happened."  
Dr. Seuss

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TCRSPA  
% Dotty Olds  
7415 Tour Drive  
Easton, MD 21601